

# 15 QUICK GUIDE

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## information, support, counselling and advocacy

### **ADAVIC (Anxiety Disorders Association of Victoria)**

Telephone support and information on anxiety disorders; referral to health professionals; support groups.

Mon–Fri 10am–4.30pm (after hours message service)

Ph: 9853 8089;

Email: [adavic@adavic.org](mailto:adavic@adavic.org)

Web: [www.adavic.org](http://www.adavic.org)

### **AIDSLINE**

Telephone counselling and support for people with sexually transmissible diseases in general.

Mon–Fri 9am–10pm;

Sat–Sun 9–11am and 6–8pm

Ph: 1800 133 392 (toll free)

TTY (for the hearing impaired):

1800 032 665

Web: [www.aidshep.org.au](http://www.aidshep.org.au)

**Australian Drug Foundation**

(full listing in Chapter 9)  
Education, information and referral.  
Ph: 1300 858 584

**CCCC (Counselling, Consultancy and Continuing Care)**

Drug and alcohol support service for adults and families resident in City of Boroondara.  
Mon–Fri 9am–5pm  
Ph: 9818 4380

**Counselling Online**

Free confidential alcohol and drug counselling, support and referral with a professional counsellor using real time chat online. Assists anyone seeking help about their own drug use, or the drug use of a family member, relative or friend. Counselling Online counsellors are also available to provide immediate telephone support through the 24-hour alcohol and drug service DirectLine on 1800 888 236. Emergency number listing also available on website.

7 days 24 hours  
Web: [www.counsellingonline.org.au](http://www.counsellingonline.org.au)

**Crisis Contact Centre and Health Information Exchange (St Kilda area)**

Practical assistance, crisis support and referrals to confidential counselling.  
9am–11pm every day; 7 days 24 hours telephone response  
Ph: 9536 7777; 1800 627 727 (toll free)

**DACAS (Drug and Alcohol Clinical Advisory Service)**

Telephone consultancy and advice for health professionals on the clinical management of alcohol and drug problems. Consultants include counsellors, specialist doctors and pharmacists.  
7 days 24 hours  
Ph: 9416 3611; 1800 812 804 (toll free)

**DirectLine**

The Victorian confidential and anonymous alcohol and drug counselling and referral line.

7 days 24 hours  
Ph: 1800 888 236 (toll free)

**DROP (Drug Responsive Outreach Program)**

Assistance for people who have experienced or are at risk of overdose.  
Mon–Fri 9am–5pm  
Ph: 0425 819 789

**DrugInfo Clearinghouse**

Provides free and confidential information on alcohol and other drugs for healthcare professionals and the broader community.  
Mon–Fri 9am–5pm (24-hour access to DirectLine telephone counselling and referral)  
Ph: 1300 858 584 (Infodesk);  
1800 888 236 (DirectLine)  
Web: <http://druginfo.adf.org.au>

**Drugs in Sport Hotline**

Provides information on specifically banned and permitted drugs in sport.  
Mon–Fri 9am–5pm  
Ph: 1800 020 506 (toll free)  
Web: [www.asda.org.au](http://www.asda.org.au) (online medication list)

**Forensic Client Services (Turning Point Alcohol and Drug Centre)**

Assistance for people who have been arrested for non-violent drug offences.  
Mon–Fri 9am–5pm  
Mobile: 0411 590 438

**Grief Line**

Counselling of any description  
7 days 12 noon–3am  
Ph: 9596 7799

**Hepatitis C Council of Victoria**

Information, counselling, referral and support for those affected by Hepatitis C. Suite 5, 200 Sydney Road, Brunswick 3056 Mon–Fri 9am–5pm. (Phone first for appointment with an educator)  
Ph: 9380 4644;  
1800 703 003 (country callers)  
Web: [www.hepcvic.org.au](http://www.hepcvic.org.au)

**Hepatitis C Helpline**

Information on Hepatitis C. Mon–Fri 9am–10pm;  
Sat–Sun 9–11am and 6–8pm  
Ph: 1800 800 241 (toll free);  
TTY 1800 032 665  
Web: [www.aidshep.org.au](http://www.aidshep.org.au)

**Hepatitis C information line (Cambodian)** (recorded information only)  
Ph: 1800 810 277 (toll free)

**Hepatitis Information Line (Vietnamese)** (recorded information only)  
Ph: 1800 456 007 (toll free)

**Infectious Diseases Service Royal Melbourne Hospital**

For people undergoing treatment.  
Ph: 9342 7212

**Lifeline**

Crisis and general counselling, information and referral. 7 days 24 hours  
Ph: 13 11 14; TTY: 9662 9030

**Melbourne Sexual Health Centre**

Confidential consultation, examination, treatment, counselling and referral. 580 Swanston Street, Carlton 3053 Mon–Thurs 9am–12.30pm, 1.30–5pm;  
Fri 1.30–5pm  
Evening clinic (by appointment only) Thurs 5–7pm  
Ph: 9347 0244; 1800 032 017 (toll free)  
Web: [www.mshc.org.au](http://www.mshc.org.au)

**Mental Illness Fellowship of Victoria**

Telephone support and information to concerned individuals affected by mental illness and schizophrenia. Printed materials also available.  
276 Heidelberg Road, Fairfield 3078 Mon–Fri 9.15am–5pm  
Ph: 8486 4200

**PACS (Pharmacotherapies Advocacy, Mediation and Support Service)**

(part of VIVAIDS — see below)  
Confidential assistance for people who have problems with their pharmacotherapy program or provider.  
Mon–Fri 10am–6pm  
Ph: 1800 443 844 (toll free)

**PADA (Panic and Anxiety Disorders Assistance)**

Counselling provided for anxiety disorders and depression (fee-for-service).  
Ph: 9886 9400  
Web: [www.pada.org.au](http://www.pada.org.au)

**Poisons Information Centre**

Providing information regarding overdose and accidental poisoning. If the victim has collapsed ring 000 for an ambulance — do not ring the Poisons Information Centre. 7 days 24 hours  
Ph: 13 11 26

**Quit Line**

Counselling and advisory service for people wishing to stop smoking.  
Mon–Fri 8am–8pm (answering service outside these hours)  
Ph: 13 18 48

**RaveSafe**

(part of VIVAIDS — see below and Chapter 2 for more information)  
Peer support, information and crisis intervention for drug users in the rave culture.  
128 Peel Street, North Melbourne 3051 Mon–Fri 10am–5pm  
Ph: 9329 1500

**Suicide Helpline**

24-hour suicide-related counselling, information and referral.

Ph: 1300 651 251

**Syringe Helpline**

Information and referral service responding to the problems of discarded injecting equipment.

Ph: 1800 552 355

**VIVAIDS: Victorian Drug Users Group**

(See Chapter 2 for further information)

An organisation for drug users that provides advice on anything to do with drugs, while at the same time promoting harm reduction. Provides peer education and support, referral and advocacy.

128 Peel Street, North Melbourne 3051

Mon–Fri 10am–6pm

Ph: 9329 1500

**YSASline (Youth Substance Abuse Service)**

A 24-hour telephone service that provides information, counselling and referral to Youth Substance Abuse Service (YSAS) services and youth-specific and alcohol services throughout Victoria. YSASline is open to young people, their families, health and welfare workers, police and ambulance workers, and the wider community.

7 days 24 hours

Ph: 1800 014 446 (toll free);

9415 8881 (admin)

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## family and friends services

The following list represents a small selection of services available. Most community health centres (see listing below) and drug and alcohol agencies (see listing in Chapter 9, *Drug and Alcohol Agencies*) offer family counselling and support as part of their programs. Increasingly, the needs of parents, family and friends are being integrated into these services.

**Anglicare Family Services**

(full listing in Chapter 9)

Ph: 9412 6133 (central office)

**Buoynancy Foundation**

(full listing in Chapter 9)

Region: Statewide — individual support

Open to all Mon–Fri 10am–5pm

293 Punt Road, Richmond 3121

Ph: 9429 3322

**Family Drug Help — Helpline**

Statewide information, support and referral service featuring professional alcohol and drug counsellors and trained volunteers with direct experience of family drug use.

Ph: 9573 1780 (Melbourne only Mon–Fri

9am–5pm); 1300 660 068 (country and

after-hours callers); 9573 1704 (Spanish

helpline, Tue and Thurs 6–9pm). After

hours calls redirected to DirectLine.

**Family Drug Help — Resource Centre**

Assistance to communities across Victoria wishing to link up with or set up local support groups. See website for full listing of support groups and contacts.

140 Grange Road, Carnegie 3163.

Web: [www.familydrughelp.sharc.org.au](http://www.familydrughelp.sharc.org.au)

## Metropolitan groups

### **Action for Recovery Course (ARC)**

Structured information and education program. The course runs for six weeks (bookings essential) at Family Drug Help, Carnegie.

Ph: 1300 660 068

### **Vietnamese Language: Link Hands Together**

One day per week program running for six weeks, four times per year at Mary of the Cross Centre, Fitzroy.

Ph: 9495 6144 (Vietnamese community development worker)

### *Eastern region information and support groups*

#### **Balwyn: Families and Friends Support Group**

Ph: 9898 2803

**Glen Waverley:** Support group for all family members, friends and carers of substance users

Ph: 0400 447 013 or 9803 0300

#### **Mt Evelyn: Families and Friends Support Group**

Ph: 9737 0799

#### **Ringwood: Family and Friends Drug Support Group**

Ph: 9873 2878

### *Northern region information and support groups*

#### **Broadmeadows: Family Drug Help Group**

Ph: Helpline 1300 660 068

#### **Eltham: Parent Education, Information and Support**

Ph: 9433 0900

#### **Moreland: Families and Friends Support Group**

Ph: 9386 2876

### *Southern region information and support groups*

#### **Albert Park: Parents and Carers of Youth Support Group**

Ph: 0416 152 748

#### **Carnegie: Spanish speaking Community Support Group**

Ph: 9573 1704

#### **Dandenong: Families and Friends Support Group (SEADS)**

Ph: 8792 2330

#### **Elwood: Families and Friends Drug Support Group**

Ph: 0416 152 748

#### **Frankston: Connect Group**

Ph: 0400 614 004 after 3 pm

#### **Moorabbin: Family and Friends Support Group**

Ph: Contact staff at Taskforce on 9532 0811

#### **Moorooduc: Family Support Group, Beleura Clinic**

Ph: Beleura Clinic on 5978 8224

(Only for family members of people attending the Beleura Clinic)

#### **Rosebud: Families and Friends Support Group**

Ph: 5982 2213

### *Western region information and support groups*

#### **Melton: Family Drug Help Support Group Shire of Melton**

Ph: 0417 121 138

#### **Sunshine: Kindred Spirits (FDH group)**

Ph: 9572 1151

## Rural regional information and support groups

**Barwon South West region information and support groups**

**Castlemaine: Family Drug Help Support Group**

Ph: 5421 1649 or 5479 1000

**Geelong: Family Drug Help Information and Support Group**

Ph: 5273 4000

**Gippsland region information and support groups**

**Wonthaggi: Families Helping Families**

Ph: 5671 3278 or 5672 4999

**Hume region information and support groups**

**Benalla: North Eastern Drug and Alcohol Support Group**

Ph: 5762 1417

**Shepparton: (Future Group under Development)**

Ph: 0439 343 083

**Wangaratta: Friends and Parents Drug Support Group**

Ph: 0419 892360

**Wodonga: Oasis Carer for Substance Users/ Mental Illness Support Group**

Ph: 02 6022 8888

**Family Drug Support (National)**

Telephone support for families and friends of drug users.

Ph: (02) 4782 9222 or 1300 368 186

**Moreland Hall**

(full listing in Chapter 9)

Family groups held during evenings, one-to-one counselling available.

Mon–Fri 9am–5pm (counselling);

Wed evening (support groups)

Ph: 9386 2876

**Odyssey Community Services**

(full Odyssey House listing in Chapter 9)

Region: Statewide

Ph: 9420 7610

**Parentline**

Support, counselling and referral.

Mon–Fri 8am–midnight; Sat–Sun 10am–10pm; Available public holidays

Ph: 13 22 89

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## men's services

There are currently few dedicated services for men apart from the Men's Referral Service. However, there are many services for men conducted within generalist centres as part of their programs. Please contact your local community health centre (see listing later in this chapter) for services available.

### Action Centre

Fertility awareness, sexual reproductive health and counselling, STD testing.

1st Floor, 94 Elizabeth Street,

Melbourne 3000

Mon–Fri 9.00am–6pm (by telephone);

Mon–Fri 12 noon–5pm (drop-in service)

Ph: 9654 4766; 1800 013 952 (toll free)

### Men's Referral Service

Anonymous and confidential service for men who have concerns about issues such as family violence and other relationship issues.

Mon–Fri 12 noon–9pm

Ph: 9428 2899; 1800 065 973 (toll free)

## women's services

A wide range of services exist specifically for women and their families throughout Victoria covering health, welfare, material aid, legal and financial needs. Please contact the Women's Information and Referral Exchange or your local community health centre (see listing later in this chapter) for further information on services.

### Action Centre

Fertility awareness, sexual reproductive health and counselling, STD testing.  
1st Floor, 94 Elizabeth Street,  
Melbourne 3000  
Mon–Fri 9.00am–6pm (by telephone);  
Mon–Fri 12 noon–5pm (drop-in service)  
Ph: 9654 4766; 1800 013 952 (toll free)

### Aurora Program

(part of Salvation Army Eastcare — see detailed listing in Chapter 9)  
Drug and alcohol supported accommodation for women and dependent children living in Eastern Metro region.  
614 Glenferrie Road, Hawthorn 3122  
Mon–Fri 9am–5pm  
Ph: 9818 4380

### Australian Vietnamese Women's Welfare Association

Counselling, information, support and referral.  
144–148 Nicholson Street, Footscray 3011  
Mon–Fri 9am–5pm  
Ph: 9396 1922

### CASA House: Centre Against Sexual Assault

Statewide telephone counselling, information and referral service, providing counselling, support, crisis care and advocacy for victims of sexual assault and non-offending family members.  
3rd Floor, Queen Victoria Women's Centre,  
210 Lonsdale Street, Melbourne 3000  
Mon–Fri 9am–5.30pm (face to face)  
Ph: 1800 806 292 (free call throughout Victoria, 7 days 24 hours, includes counselling and support)  
TTY: 9635 3620 (bus. hours);  
9344 2744 (after hours)  
Email: [casa@rwh.org.au](mailto:casa@rwh.org.au)  
Web: [www.rwh.org.au/casa](http://www.rwh.org.au/casa)

### Drug Information Service for Women (Royal Women's Hospital)

Information on drugs, pregnancy and women's issues.  
Mon–Fri 9am–5pm  
Ph: 9344 2277

### Positive Women

Support, information and advocacy for women with HIV/AIDS.  
Mon–Fri 10am–4pm  
Ph: 9276 6918; 9076 6918  
Web: [www.positivewomen.org.au](http://www.positivewomen.org.au)  
Email: [info@positivewomen.org.au](mailto:info@positivewomen.org.au) (general enquiries)

**RHED (Resourcing Health and Education in the Sex Industry)**

Support, advocacy, information and referral.

10 Inkerman Street, St Kilda 3182

Mon–Fri 10am–1pm by appointment;  
1–5pm drop in (showers, laundry avail.)

Evening service: Thurs–Fri 5–11pm;

Sat 6pm–1am

Ph: 9534 8166;

Email: [sexworker@sexworker.org.au](mailto:sexworker@sexworker.org.au)

**Royal Women's Hospital Communicable Diseases and Sexual Health Clinic**

Testing of and counselling for sexually transmissible infections.

132 Grattan Street, Carlton 3053

Monday 9am–12 noon only (appointment needed)

Ph: 9344 2183

**South Eastern Centre Against Sexual Assault**

24-hour crisis, medical, counselling and support.

Ph: 9594 2289

**WADS (Women's Alcohol and Drug Service)**

(see full listing in Chapter 9)

Antenatal and postnatal care for women who are chemically dependent.

Mon–Fri 8.30am–5pm

Ph: 9344 3631

Web: [www.rwh.org.au/wads](http://www.rwh.org.au/wads)

**Women's Domestic Violence Crisis Service**

Offers crisis intervention, support, information, advocacy and referral directly to women.

7 days 24 hours

Ph: 9373 0123

**Women's Health Victoria**

Telephone health advice and information service.

Mon–Fri 9am–1pm

Ph: 9662 3742; 1800 133 321 (toll free)

**WIRE (Women's Information and Referral Exchange)**

Includes a confidential telephone service providing information, referral, counselling and support.

Drop-in centre: Ground Floor, Queen Victoria Women's Centre,

210 Lonsdale Street, Melbourne 3000

10.30am–5.00pm

Ph: 1300 134 130 (Mon–Fri 9am–5pm)

Web: [www.wire.org.au](http://www.wire.org.au)

**WISP (Women's Integrated Support Program) — Brosnan Centre**

Program provides pre- and post-release support to women 25 years and under on release from prison. Support includes finding accommodation, outreach, drug and alcohol counselling, employment/training advice, family/relationship counselling, court advice and advocacy, and institutional visiting.

10 Dawson Street, Brunswick 3056

Ph: 9387 1233

Web: [www.jss.org.au/programmes/brosnan.html](http://www.jss.org.au/programmes/brosnan.html)

**Women's Legal Service**

Telephone legal advice, information and referral.

Outreach services at Melbourne

Magistrates' Court: Mon and Fri 10am–1pm; Tues and Thurs 6.30–8.30pm;

Wed 2–5pm

Ph: 9642 0877; 1800 133 302 (toll free)

TTY: 9642 0334

**Young Women's Project**

Statewide housing service, crisis accommodation, information and referral.

Ph: 9563 2022

**YWCA Victoria (Young Women's Support Services)**

Programs and services to disadvantaged young women.

Ph: 9349 3299 (community programs);

9429 5365 (housing services)

## youth services

For further information on services available contact:

### **After Hours Child Protection Emergency Service (AHCPEs): Department of Human Services**

AHCPEs is a statewide service that accepts notifications and investigates reports in relation to children at risk of neglect, physical, sexual and emotional abuse after hours. All non-urgent matters should be reported to your DHS regional office during business hours.

Ph: 13 12 78 (after hours only)

### **Albert Road Clinic**

Private dual diagnosis.

31 Albert Road, Melbourne 3004

Ph: 9256 8311

### **Alfred Child and Adolescent Mental Health Service**

Dual diagnosis.

2nd Floor, 999 Nepean Highway,

Moorabbin 3189

Ph: 8552 0555

### **Brosnan Centre Youth Service**

10 Dawson Street, Brunswick 3056

Ph: 9387 1233

### **Connexions**

(full listing in Chapter 9)

Dual diagnosis.

1 Langridge Street, Collingwood 3066

Ph: 9415 8700

### **Frontyard**

For ages 12–25 years. Frontyard is a co-location of several youth services, including:

- Melbourne Youth Support — information, referral and accommodation services;
- Young People's Health Service — health care (including sexual health, blood tests, pregnancy, drug and alcohol, violence) and counselling; and

- access to other outreach services, e.g. YSAS and DASWest.

19 Kings Street, Melbourne 3000

Mon–Fri 10am–8pm; Sat–Sun 10am–6pm

Ph: 9611 2411; 1800 800 531 (toll free)

### **Kids Helpline**

Anonymous and confidential counselling for 5–18 year olds.

7 days 24 hours

Ph: 1800 551 800

### **Lighthouse Foundation**

Long-term accommodation and intensive support for young homeless people (15–22 years) in a family environment.

PO Box 445, St Kilda 3182

Ph: 9528 8400

Web: [www.lighthousefoundation.org.au](http://www.lighthousefoundation.org.au)

### **Melbourne Youth Support Service**

Information, advocacy and referral service catering to young homeless people (aged 15–25 yrs).

Ground Floor, 19 King Street,

Melbourne 3000

Mon–Fri 9am–8pm;

weekends and public holidays 10am–6pm

Ph: 9614 3688

### **Open Family Australia 'Street Worker' Outreach**

Support and referral.

PO Box 1170, South Melbourne 3205

Ph: 9699 5588

### **Salvation Army St Kilda Crisis Centre**

Information, referral and support.

Ph: 9536 7777; 1800 627 727 (toll free)

**The Shack**

Provides free counselling and support services to teenagers, and where possible works with families to help resolve conflicts and recreate a supportive family environment. Services include assisting teenagers through counselling; family and court support; accommodation; employment; and gaining government assistance.

3 Pembroke Street, Epping 3076 (on the grounds of St Albans Church)

Mon–Fri 10.30am–5.30pm

Ph: 9548 3255; 0415 174 459 (crisis line)

Web: [www.theshack.org.au](http://www.theshack.org.au)

**The Youth Drug Campaign Line**

The Victorian Government's community awareness initiative targeting 15–18 year olds.

Ph: 1800 888 236 (toll free)

**Youth Links**

Services provided include referral, support, counselling and recreation.

31–33 Buckley Street, Noble Park 3174

Ph: 9547 0511

**Youth Outreach**

(Odyssey House — see full listing in Chapter 9)

Post withdrawal counselling and support.

81–85 Barry Street, Carlton 3053

Ph: 9420 7610

**Youth Projects Inc.**

(full listing in Chapter 9)

For ages 12–17 years.

6 Hartington Street, Glenroy 3046

Ph: 9304 9100

**YSASline (Youth Substance Abuse Service)**

A 24-hour telephone service that provides information, counselling and referral to Youth Substance Abuse Service (YSAS) services and youth-specific and alcohol services throughout Victoria. YSASline is open to young people, their families, health and welfare workers, police and ambulance workers, and the wider community.

7 days 24 hours

Ph: 1800 014 446 (toll free);

9415 8881 (admin)

**YWCA Victoria (Young Women's Support Services)**

Programs and services to disadvantaged young women.

Ph: 9349 3299 (community programs);

9429 5365 (housing services)

**Visy Cares Centre (Dandenong)**

One-stop shop for young people — drop in service available. Houses 22 different youth specific agencies and services including drug and alcohol services, home detox, supported accommodation, legal service and two outreach services.

39A Clow Street, Dandenong 3175

Mon–Fri 9am–5.30pm

Ph: 9793 2155

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## aboriginal services

For further information on services available, contact:

### Aborigines' Advancement League

Services include family support, food assistance, home visits, advocacy, counselling, educational programs, drug and alcohol awareness and funeral services.  
2 Watt Street, Thornbury 3071  
Ph: 9480 6377

### VAHS (Victorian Aboriginal Health Service)

A Koori community controlled and managed service. Koori health workers are available to help you with information and support.  
186 Nicholson Street, Fitzroy 3065  
Ph: 9419 3000

### VAHS Family Counselling Service

Includes drug and alcohol, mental health and Koori childrens' services.  
Mon–Thurs 9am–5pm; Fri 9am–4pm  
279 High Street, Northcote 3070  
Ph: 9403 3300

### Victorian Aboriginal Legal Service (VALS)

24-hour legal advice for Aboriginal people.  
6 Alexandra Parade, Fitzroy 3065  
Ph: 9419 3888; 1800 064 865 (toll free)

### Galiamble Recovery Centre

(full listing in Chapter 9)  
Help for men with drug and alcohol problems.  
Ph: 9534 1602

### Gurwidj Aboriginal Neighbourhood House

43 Clapham Street, Thornbury 3171  
Ph: 9416 7682

### The Windana Society

(full listing in Chapter 9)  
For help with drug and alcohol problems.  
88 Alma Road, St Kilda 3182  
Ph: 9529 7955

### Winja Ulupna Women's Centre

For help with drug and alcohol problems.  
14 Charnwood Crescent, St Kilda 3182  
Ph: 9525 5442

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## ethno-specific services

There are a large number of ethnic community organisations throughout Victoria that provide a wide range of services including community welfare, counselling, social support, employment, youth and other services. Please contact your local Migrant Resource Centre or the Ethnic Communities Council of Victoria (below) for information on services.

### Australian Vietnamese Women's Welfare Association

Includes the provision of drug treatment counselling services and prisoner support.  
PO Box 1301, Richmond 3121  
Ph: 9428 9078  
Email: [info@avwwa.com](mailto:info@avwwa.com)  
Web: <http://avwwa.com>

### Cambodian Hepatitis C information line

(recorded information only)  
Ph: 1800 810 277 (toll free)

### Ecumenical Migration Centre (EMC)

95–97 Brunswick Street, Fitzroy 3065  
Ph: 9416 0044  
Email: [emc@bsl.org.au](mailto:emc@bsl.org.au)

**Ethnic Communities Council of Victoria**  
 Level 2, 150 Palmerston Street, Carlton 3053  
 Mon–Fri 9am–5pm  
 Ph: 9349 4122  
 Web: www.eccv.org.au

**Migrant Resource Centre North West Region (MRC)**  
 45 Main Road West, St Albans 3021  
 Ph: 9367 6044

**Northern Metropolitan Migrant Resource Centre (NMMRC)**  
 175 Glenroy Road, Glenroy 3046  
 Ph: 9306 5611

**Springvale Indochinese Mutual Assistance Association Inc. (SICMAA)**  
 9 Hillcrest Grove, Springvale 3171  
 Ph: 9562 3266; 9547 7939  
 Email: sicmaa@fox.net.au

**TIS: Translating and Interpreting Service**  
 Interpreting and translating service to the general public.  
 7 days 24 hours  
 Ph: 13 14 50

**Vietnamese Hepatitis C Information Line** (recorded information only)  
 Ph: 1800 456 007 (toll free)

**Vietnamese Welfare Resource Centre**  
 Includes referral, counselling and crisis accommodation services.  
 58 Holland Court, Flemington 3031  
 Ph: 9376 6791  
 Web: www.jss.org.au/programmes/VWRCAbout.html

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## gay and lesbian services

There are a wide variety of services available to the gay and lesbian community and their families. Contact the Gay and Lesbian Switchboard (see below) for full listing of services available.

**ALSO Foundation**  
 A central community organisation producing services that benefit gay, lesbian, bisexual and transgender people.  
 1st Floor, 6 Claremont Street,  
 South Yarra 3141  
 Ph: 9827 4999  
 Email: also@also.org.au  
 Web: www.also.org.au

**GAMMA Project**  
 Provides counselling and groups for bisexual and married gay men and their partners.  
 Ph: 9899 0509; 98901068

**Gay and Lesbian Switchboard (Victoria)**  
 A free and confidential telephone counselling, referral and information service.  
 Mon–Fri 6–10pm except Wed, 2–10pm  
 Ph: 9827 8544; 1800 184 527 (country Victoria)

**HIV Peer Support Line**  
 Ph: 9534 2142; 1800 622 797 (country Victoria)

**PLWHA: People Living With HIV/AIDS Victoria Inc**  
 Statewide organisation providing advice, information, referral and advocacy to all levels of the community.  
 6 Claremont Street, South Yarra 3141  
 Ph: 9865 6772

**Queer Users of Illicit Drugs (QUID)**

Peer drop-in group that operates weekly from the Buoyancy Foundation.  
293 Punt Road, Richmond 3121  
Ph: 9429 3322

**RHED (Resourcing Health and Education in the Sex Industry)**

Transgender and Male Project. Information referrals, advice, advocacy and safe sex/injecting equipment for male and transgender sex workers.

10 Inkerman Street, St Kilda 3182

Mon–Fri from 1pm

Ph: 9534 8166

Email: [sexworker@sexworker.org.au](mailto:sexworker@sexworker.org.au)

**Victorian AIDS Council/Gay Men's Health Centre**

6 Claremont Street, South Yarra 3141  
Ph: 9865 6700

**Victorian Positive Living Centre**

51 Commercial Road, Prahran 3181

Tue and Thurs 10am–9pm,

Wed 10am–6pm, Fri 10am–5pm,

Sat 10am–4pm

Ph: 9525 4455; 1800 622 795 (toll free)

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## prison and post-prison services

**ACSO (Australian Community Support Organisation)**

A community-based non-for-profit agency that provides a range of accommodation support, assessment and treatment services for people who are experiencing significant disadvantage.

Ground Floor, 357A Spencer Street,

West Melbourne 3003

Ph: 9320 4000

**Australian Vietnamese Women's Welfare Association**

Visits Vietnamese prisoners and provides post-prison and family support. (See under 'Women's Services' above for details)

**Brosnan Centre Youth Service**

Provides: pre- and post-prison support for young offenders; short- and long-term accommodation for youth just released from correctional institutions; programs run by youth workers;

counselling and referral; help with

finding work; a Vietnamese program;

special accommodation for males and

females with an intellectual disability at risk of offending (contact Perry House

Ph: 9460 3400)

10 Dawson Street, Brunswick 3056

Ph: 9387 1233

Email: [brosnan@jesuit.org.au](mailto:brosnan@jesuit.org.au)

Web: [www.jss.org.au/programmes/brosnan.html](http://www.jss.org.au/programmes/brosnan.html)

**Flat Out**

Provides pre- and post-release housing and assistance for women in prison.

365 Hoddle Street, Collingwood 3066

Ph: 9417 6984

**FOCiS (The Drug Education for First Offenders Service), Moreland Hall**

Provides resources and links to health/welfare services, together with harm minimisation strategies for first time drug offenders found guilty of possession of no more than 1gm of amphetamine, cocaine, heroin, LSD, 0.75g of MDMA or similar quantities of other amphetamines and MDA. Sentencing option for magistrates. 26 Jessie Street, Moreland 3058  
Ph: 9386 2876;  
1800 888 236 (24-hour direct line)

**Melbourne City Mission Support for Women Exiting Prison**

Case management and support for women pre- and post-prison release; referral; supported accommodation in the western suburbs; duty system operating in Women's Metropolitan Correctional Centre and Tarrengower. 123 Albion Street, Brunswick 3056  
Ph: 9385 320

**Step-Out, Moreland Hall**

(full listing in Chapter 9)  
Runs a post-prison drug treatment service.

**VACRO (Victorian Association for the Care and Resettlement of Offenders)**

Support for ex-prisoners and the families of people who are currently in prison including: counselling, advocacy, family support, drug education, specialist service to children of offenders and in-prison programs. Level 1, 116 Hardware Street, Melbourne 3000  
Ph: 9602 1366

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## useful websites

It would be impossible to list the full range of interesting websites; however, here are a few that may assist you in seeking further information on drug and alcohol issues, safe practice, harm reduction and treatment.

**Australian Drug Foundation**

Information, drug facts and education, including Parent Info and DrugEnet in Schools.  
Web: [www.adf.org.au](http://www.adf.org.au)

**Australian DrugInfo Network**

Gateway to many other alcohol and other drug websites and databases.  
Web: [www.adin.com.au](http://www.adin.com.au)

**Australian Drug Law Reform Foundation**

Seeks to encourage a more rational, tolerant and humanitarian approach to problems created by drugs and drug use in Australia.  
Web: <http://home.vicnet.net.au/~adlrf>

**Families and Friends for Drug Law Reform**

Aims to seek laws and policies that will eliminate heroin-related deaths and minimise health and social harm. Members include parents, siblings, friends, past and present illicit drug users and other members of the community.  
Web: [www.ffdlr.org.au](http://www.ffdlr.org.au)

**Harm Reduction Coalition**

Information on safer injecting, overdose, Hepatitis C, drug interactions, etc.  
Web: [www.harmreduction.org](http://www.harmreduction.org)

**Quitline**

Information and resources on QUIT programs, education and referral.  
Web: [www.quit.org.au](http://www.quit.org.au)

**RXLIST: The Internet Drug Index**

Includes information on pharmaceuticals, steroids, opiates, etc.  
Web: [www.rxlist.com](http://www.rxlist.com)

**VAADA (Victorian Alcohol and Drug Association)**

Policy papers on drugs and crime, crime and poverty, treatment resourcing, etc.  
Web: [www.vaada.org.au](http://www.vaada.org.au)

**Victorian Public Health Website (Department of Human Services)**

Access information on methadone treatment in Victoria and other related health issues.  
Web: [www.health.vic.gov.au](http://www.health.vic.gov.au)

**VIVAIDS**

(See Chapter 2 for information on VIVAIDS).  
Web: [www.vicnet.net.au/~vivaid](http://www.vicnet.net.au/~vivaid)

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## community legal centres

Community legal centres (CLCs) provide free legal advice and assistance to people who may be unable to access private solicitors. As community-based organisations, many CLCs participate in law reform and community education programs.

Further information regarding the legal centres listed below can be found by going to [www.communitylaw.org.au](http://www.communitylaw.org.au). Contact the centre closest to where you live for further information on the particular services on offer.

**generalist community legal centres****Albury Wodonga Community Legal Service**

c/- Upper Murray Family Care  
29 Stanley Street, Wodonga 3690  
558 Mitchell Street, Albury 2640  
Ph: (02) 6056 8210

**Brimbank CLC**

822 Ballarat Road, Deer Park 3023  
Ph: 9363 1811

**Broadmeadows CLC**

180 Widford Street, Broadmeadows 3047  
Ph: 9302 3911

**Casey Cardinia CLC**

42 Claredale Road, Dandenong 3175  
Ph: 9793 1993

**Central Highlands CLC**

34 Victoria Street, Ballarat 3354  
Ph: 5331 5999 (client assistance)

**Coburg/Brunswick Community Legal and Financial Counselling Centre**

78 Bell Street, Coburg 3058  
Ph: 9350 4555

**Darebin CLC**

80 High Street, Northcote 3070  
Ph: 9489 6321

**Eastern CLC**

Suite 3, Town Hall Hub, 27 Bank Street,  
Box Hill 3128  
Ph: 9285 4822

**Essendon CLC**

13A Wingate Avenuenue, Ascot Vale 3032  
Ph: 9376 7929

**Fitzroy Legal Service**

124 Johnston Street, Fitzroy 3065  
Ph: 9419 3744

**Flemington and Kensington CLC**

22 Bellair Street, Kensington 3031  
Ph: 9376 4355

**Footscray CLC**

220 Nicholson Street, Footscray 3011  
Ph: 9689 8444

**Geelong CLC**

73 Pakington Street Geelong West 3218  
Ph: 5221 4744

**Gippsland CLS**

162 Commercial Road, Morwell 3840  
Ph: 5133 0411

**Monash-Oakleigh CLS**

60 Beddoe Avenue, Clayton 3168  
Ph: 9905 4336

**Murray Mallee CLS**

112 Ninth Street, Mildura 3052  
Ph: 5023 5966; 1800 243 002 (toll free)

**North Melbourne Legal Service**

1st Floor, 504 Victoria Street,  
North Melbourne 3051  
Ph: 9328 1885

**Peninsula CLC**

Suite 2–4 Chatsworth House,  
431 Nepean Highway, Frankston 3199  
Ph: 9783 3600; 1800 064 784 (toll free)

**Bentleigh Branch**

82 Brady Road, Bentleigh East 3165  
Ph: 9570 8455

**Peninsula Pines Branch**

2A Candelbark Crescent,  
Frankston North 3200  
Ph: 9786 6980

**South Port CLC**

341 Coventry Street, South Melbourne 3205  
Ph: 9690 9144

**Springvale Monash Legal Service**

5 Osborne Avenue, Springvale 3171  
Ph: 9562 3144

**St Kilda Legal Service**

161 Chapel Street, St Kilda 3182  
Ph: 9534 0777

**South West CLC (Warrnambool)**

Community Connections Vic Ltd,  
135 Kepler Street, Warrnambool 3280  
Ph: 1300 361 680 (local call cost)

**Western Suburbs CLC**

30 Hall Street, Newport 3015  
Ph: 9391 2244

**West Heidelberg CLC**

155 Oriel Road, West Heidelberg 3081  
Ph: 9450 2000

**Whittlesea CLC**

Community Information Whittlesea  
Shop 111 Epping Plaza, Epping 3176  
Ph: 9401 6655

**Wyndham CLC**

Suite 10, 2–14 Station Place, Werribee 3030  
Ph: 9741 0198

**specialist community legal centres****Aboriginal Family Violence Prevention and Legal Service (Vic)**

Level 1, 210 Lonsdale Street,  
Melbourne 3000  
Ph: 9654 3111; 1800 105 303

**Consumer Credit Legal Service**

1st Floor, 11–19 Bank Place,  
Melbourne 3000  
Ph: 9670 5088

**Consumer Law Centre**

9th Floor, 91 William Street,  
Melbourne 3000  
Ph: 9629 6300

**Disability Discrimination Legal Service**

2nd Floor, Ross House,  
247 Flinders Lane, Melbourne 3000  
Ph: 9654 8644;  
1300 882 872 (country callers)  
Fax: 9639 7422  
TTY: 9654 6817

**Domestic Violence and Incest Resource Centre**

292 Wellington Street, Collingwood 3066  
Ph: 9486 9866  
Web: [www.dvirc.org.au](http://www.dvirc.org.au); or (for young women) [www.dvirc.org.au/whenlove](http://www.dvirc.org.au/whenlove)

**Family Mediation Centre**

Level 4, 1001 Nepean Highway,  
Moorabbin 3189  
Ph: 9555 9300  
Web: [www.mediation.com.au](http://www.mediation.com.au)

**Outer East Branch (Ringwood)**

367 Maroondah Highway, Ringwood 3134  
Ph: 9876 0677

**Outer South-East Branch (Narre Warren)**

1st Floor, 48 Webb Street, Narre Warren  
3804  
Ph: 9705 6277; 1800 639 523 (toll free)

**HIV/AIDS Legal Centre**

HALC operates out of the Positive Living centre every second Thursday.  
c/- Positive Living Centre, 31-51 Commercial Road, Prahran 3181  
Ph: 9863 0444. Email: [legal@vicacids.asn.au](mailto:legal@vicacids.asn.au)

**Job Watch**

Level 10, 21 Victoria Street, Melbourne 3000  
Ph: 9662 1933; 1800 331 617 (toll free)  
Web: [www.job-watch.org.au](http://www.job-watch.org.au)

**Human Rights Law Resource Centre Ltd**

1st Floor, 550 Lonsdale Street, Melbourne  
3000  
Ph: (03) 9225 6695  
Web: [www.pilch.org.au](http://www.pilch.org.au)

**LaTrobe University Legal Service**

Latrobe University, Bundoora 3083  
Ph: 9479 2314

**Melbourne University Student Union Legal Service**

3rd Floor, Union House, Melbourne  
University, Parkville 3052  
Ph: 8344 8687

**Mental Health Legal Centre Inc.**

Level 4, 520 Collins Street, Melbourne 3000  
Ph: 9629 4422; 1800 555 887 (toll free)

**Public Interest Law Clearing House**

1st Floor, 550 Lonsdale Street, Melbourne  
3000  
Ph: 9225 6680

**Refugee and Immigration Legal Centre**

95 Brunswick Street, Fitzroy 3065  
Ph: 9483 1144 (admin)

**RMIT University Legal Service**

City Campus, 124 La Trobe Street,  
Melbourne 3000  
Ph: 9925 2963

**Tenants Union of Victoria**

55 Johnston Street, Fitzroy 3065  
Ph: 9416 2577 (statewide advice)

**Victorian Aboriginal Legal Service (VALS)**

6 Alexandra Parade, Fitzroy 3065  
Ph: 9419 3888

**Villamanta Legal Service**

6 Villamanta Street, Geelong West 3220  
Ph: 5229 2925;  
1800 014 111 (toll free, legal advice only)  
TTY: 1800 104 333  
Web: [www.villamanta.org.au](http://www.villamanta.org.au)

**Welfare Rights Unit**

155 Easey Street, Collingwood 3066  
 Ph: 9416 1111 (advice only, 2–5pm Tues–Fri)  
 Web: www.welfarerights.org.au

**Women's Legal Service Victoria**

3rd Floor, 43 Hardware Lane,  
 Melbourne 3000  
 Ph: 9642 0877; 1800 133 302 (toll free)  
 TTY: 9642 0334

**Youthlaw (at Frontyard)**

19 King Street, Melbourne 3000  
 Ph: 9611 2412  
 Web: www.youthlaw.asn.au

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## community health centres — by region

Community health centres (CHCs) offer a wide range of welfare and health services to people who live, work or study in the local government area where the centre is located. Services are also provided via outreach and are usually free or at low cost.

Services may include counselling, general medical services, needle exchanges, audiology, podiatry, dentistry, disability support, immunisation, speech pathology, physiotherapy, occupational therapy, community nursing, health education, information, pregnancy testing, contraception information, financial counselling and problem gambling counselling. Some centres provide Ethnic Health Workers.

Services may vary from centre to centre and you should check with each individual centre about their current services and hours of operation.

**eastern metropolitan region****Boroondara CHC — Hawthorn**

378 Burwood Road  
 Ph: 9818 6703

**Eastern Access CH Inc. — Ringwood**

46 Warrandyte Road  
 Ph: 9871 1800

**Eastern Access CH Inc. — Ringwood East**

75 Patterson Street  
 Ph: 9879 3933

**Knox CHS — Ferntree Gully**

1063 Burwood Highway  
 Ph: 9757 6200

**Manningham CHS — Doncaster East**

1/1020 Doncaster Road  
 Ph: 8841 3000

**Monashlink CHS — Glen Waverley**

7 Dunscombe Avenue  
 Ph: 9803 0300

**Monashlink CHS — Hughesdale**

568 Neerim Road  
 Ph: 9568 2599

**Ranges CHS — Lilydale**

17 Clarke Street  
 Ph: 9737 6355

**Whitehorse CHS — Box Hill**

43 Carrington Road  
 Ph: 9874 2174

**Yarra Valley CHS — Healesville**

377 Maroondah Highway  
 Ph: 1300 130 381

**Yarra Valley CHS — Yarra Junction**

2475 Warburton Highway

Ph: 1300 130 381

**northern metropolitan region****Banyule CHS — Greensborough**

25 Grimshaw Street

Ph: 9433 5111

**Banyule CHS — Heidelberg West**

21 Alamein Road

Ph: 9450 2000

**Darebin CHS — Northcote**

42 Separation Street

Ph: 9489 1388

**Darebin CHS — Reservoir East**

125 Blake Street

Ph: 8470 1111

**Dianella CH — Broadmeadows**

35 Johnston Street

Ph: 8345 5000

**Dianella CH — Craigieburn**

55 Craigieburn Road

Ph: 9308 1222

**Dianella CH — Meadow Heights**

21–27 Hudson Circuit

Ph: 9302 8888

**Eltham CHC**

917 Main Road

Ph: 9431 1333

**Fawkner CHC**

77 Jukes Road

Ph: 9357 2444

**Moreland CHS — Brunswick**

11 Glenlyon Road

Ph: 9387 6711

**Moreland CHS — Coburg**

93 Bell Street

Ph: 9350 4000

**Moreland CHS — Glenroy**

89 Justin Avenue

Ph: 9306 0511

**North Richmond CHC**

23 Lennox Street

Ph: 9429 5477

**North Yarra CHS — Carlton North**

622 Lygon Street

Ph: 9349 7333

**North Yarra CHS — Collingwood**

365 Hoddle Street

Ph: 9411 4333

**North Yarra CHS — Fitzroy**

75 Brunswick Street

Ph: 9411 3555

**Panch Health Service — Preston**

300 Bell Street

Ph: 9485 9000

**Plenty Valley CHS — Epping**

187 Cooper Street

Ph: 9409 8766

**Plenty Valley CHS — Whittlesea**

40 Walnut Street

Ph: 9716 9444

**Sunbury CHC**

12–28 Macedon Street

Ph: 9744 4455

**Yarra Health Services — Richmond**

283 Church Street

Ph: 9429 1811

**southern metropolitan****Bentleigh Bayside CHS — East Bentleigh**

Gardeners Road

Ph: 9575 5333

**Bentleigh Bayside CHS — Sandringham**

55 Edward Street

Ph: 9598 2808

**Cardinia Casey CHS — Berwick**

28 Parkhill Drive

Ph: 8768 5100

**Cardinia Casey CHS — Cockatoo**

McBride Street

Ph: 5968 7000

**Cardinia Casey CHS — Cranbourne**

140–154 Sladen Street

Ph: 5990 6789

**Cardinia Casey CHS — Doveton**

67 Power Road

Ph: 9212 5700

**Cardinia Casey CHS — Pakenham**

Cnr Princes Highway and Deveney Street

Ph: 5941 0500

**Caulfield CHC — Caulfield South**

240 Kooyong Road

Ph: 9523 6666

**Central Bayside CHS — Chelsea**

23 Bath Street

Ph: 9781 9333

**Central Bayside CHS — Cheltenham**

299 Centre Dandenong Road

Ph: 9581 1111

**Central Bayside CHS — Clarinda**

42–44 Viney Street

Ph: 9552 4333

**Central Bayside CHS — Mentone**

31 Venice Street

Ph: 9583 6970

**Central Bayside CHS — Parkdale**

335 Nepean Highway

Ph: 8587 0200

**Dandenong CHS**

229 Thomas Street

Ph: 8792 2200

**Frankston CHC**

Flinders Road

Ph: 9784 8100

**Inner South CHS — Prahran**

240 Malvern Road

Ph: 9525 1300

**Inner South CHS — South Melbourne**

341 Coventry Street

Ph: 9690 9144

**Inner South CHS — St Kilda**

18 Mitford Street

Ph: 9534 0981

**Peninsula CHS — Hastings**

Cnr Victoria Street and Coolstore Road

Ph: 5979 2894

**Peninsula CHS — Mornington**

62 Tanti Avenue

Ph: 5975 8266

**Peninsula CHS — Rosebud**

Cnr Murray Anderson Road and Mitchell Street

Ph: 5982 2213

**Springvale CHS — Springvale**

55 Buckingham Avenue

Ph: 8558 9000

**western metropolitan region**

**Braybrook/Maidstone CHC — Braybrook**  
107–139 Churchill Avenue  
Ph: 9364 9622

**Djerriwarrh HS — Bacchus Marsh**  
Grant Street  
Ph: 5367 2000

**Doutta Galla CHS — Kensington**  
12 Gower Street  
Ph: 9376 0523

**Doutta Galla CHS — Moonee Ponds**  
25 Norwood Crescent  
Ph: 9326 0011

**Doutta Galla CHS — Niddrie**  
9 Mathews Avenue  
Ph: 9379 4794

**Isis Primary Care Inc. — Altona Meadows**  
330 Queen Street  
Ph: 8368 3000

**Isis Primary Care Inc. — Deer Park**  
106 Station Road  
Ph: 9219 7142

**Isis Primary Care Inc. — Hoppers Crossing**  
117–129 Warringa Crescent  
Ph: 8734 1400

**Isis Primary Care Inc. — St Albans**  
1 Andrea Street  
Ph: 9296 1200

**Isis Primary Care Inc. — Taylors Lakes**  
Watergardens, Level 1  
399 Melton Highway  
Ph: 9449 6900

**Western Region HC — Footscray**  
72–78 Paisley Street  
Ph: 8398 4100

**rural community health centres**

Contact DirectLine on 1800 888 236 for referral in areas not listed here.

**Ballan District Health and Care**  
33 Cowie Street  
Ph: 5368 1100

**Ballarat CHC**  
10 Stuart Street  
Ph: 5333 1635

**Bass Coast CHS**  
1 Back Beach Road  
Ph: 5678 5388

**Bendigo CHS**  
13–25 Helm Street  
Kangaroo Flat  
Ph: 5430 0500

**Castlemaine District CHC**  
13 Mostyn Street  
Ph: 5479 1000

**Central Gippsland HS — Sale**  
Cnr Palmerston and Cunninghame Streets  
Ph: 5143 8800

**Cobaw CHS — Kyneton**  
47 High Street  
Ph: 5421 1666

**Colac Area Health (24-hour service)**  
2–28 Connor Street  
Ph: 5232 5100

**Gippsland Lakes CHC — Lakes Entrance**  
18–26 Jemmeson Street  
Ph: 5155 8300

**Goulburn Valley CHS — Shepparton**  
399 Wyndham Street  
Ph: 5823 3200

**Grampians CHC — Horsham**

25 David Street  
Ph: 5381 1062

**Latrobe Community Health — Traralgon**

7–9 Seymour Street  
Ph: 5171 1400

**Maryborough CHS**

185 High Street  
Ph: 5461 3222

**Mitchell CHS — Broadford**

72 Ferguson Street  
Ph: 5784 5555

**Northern District CHS — Kerang**

98 Nolan Street  
Ph: 5451 0200

**Orbost Regional Health**

Boundary Road  
Ph: 5154 6666

**Ovens and King CHS — Wangaratta**

86–90 Rowan Street  
Ph: 5723 2000

**Robinvale and District HS**

Latje Road, Robinvale  
Ph: 5051 8111

**Southwest Health Care — Warrnambool**

Ryot Street  
Ph: 5563 1482

**Upper Hume CHS — Beechworth**

30 Ford Street  
Ph: 5728 3180

**Yarram and District HS**

85 Commercial Road  
Ph: 5182 0222

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## women's health services

**Barwon Health**

100 Surfcoast Highway, Torquay 3228  
Ph: 5261 1100

**Colac Area Health**

2 Connor Street, Colac 3250  
Ph: 5235 5147

**Gippsland Women's Health Service**

56B Cunninghame Street, Sale 3850  
Ph: 5143 1600; 1800 805 448 (toll free)  
Web: [www.gwhealth.asn.au](http://www.gwhealth.asn.au)

**Loddon Mallee Women's Health Service**

72 Oke Street, Ouyen 3490  
Ph: 5092 1686

**Multicultural Centre for Women's Health**

Suite 207, Carringbush Building,  
134 Cambridge Street, Collingwood 3066  
Ph: 9418 0999

**Portland District Health**

33 Otway Street, Portland 3305  
Ph: 5522 1180

**Women's Health East**

28 Warrandyte Road, Ringwood 3134  
Ph: 9845 8000

**Women's Health Goulburn North East**

57 Rowan Street, Wangaratta 3677  
Ph: 5722 3009

**Women's Health (in the) North**

680 High Street, Thornbury 3071  
Ph: 9484 1666

**Women's Health (in the) South East**

2nd Floor, 54–58 Wells Street,  
Frankston 3199  
Ph: 9783 3211

**Women's Health Victoria**

Queen Victoria Women's Centre,  
1st Floor, 123 Lonsdale Street,  
Melbourne 3000  
Ph: 1800 133 321; Info Line: 9662 3742  
Web: [www.whv.org.au](http://www.whv.org.au)

**Women's Health West**

317 Barkly Street, Footscray 3011  
Ph: 9689 9588